

Subject: Covid-19 Updates - September 9, 2022

Date: Friday, September 9, 2022 at 1:54:07 PM Pacific Daylight Saving Time

From: Ernie Baatz

To: Ernie Baatz

Basic Safety Measures – The Golden Rules

1. Stay Home if you are sick.
2. Wear a mask if you are in crowded public places.
3. Get vaccinated, Get your Booster.
4. Meet with friends outside so there is more fresh airflow and less chance of infection.

Fall Booster Information

Health Minister Adrian Dix and Provincial Health Officer Dr. Bonnie Henry had a press conference on Tuesday, September 6th to provide information about the Fall Booster Program in BC. Here is some information from the website, but for more information, go to this address:

<https://www2.gov.bc.ca/gov/content/covid-19/vaccine/booster>

Fall booster doses

Health Canada has approved the [bivalent Moderna booster](#) for people 18 and older. Bivalent vaccines provide better protection against the original strain and Omicron variants of COVID-19.

When supply arrives in B.C, it will be distributed to the public starting with the people most at risk from COVID-19.

B.C. is offering everyone 5 and older a fall booster dose. Public health knows this approach will provide the best protection in the fall and winter when we're all spending more time inside and respiratory illness is passed around our communities.

You will receive a personalized booking invitation when it's time to book your dose.

Understand your vaccine options

You will receive either the [Moderna](#) or [Pfizer](#) (mRNA) vaccine.

It doesn't matter what vaccine you received for your initial vaccination series.

mRNA vaccines are the best choice for a booster dose because they provide the most effective protection against COVID-19.

If you're 18 or older and would prefer a non-mRNA vaccine, you can get the [Novavax vaccine](#) or [Johnson & Johnson vaccine](#).

If you need help

Phone the call centre if you need help booking an appointment. Phone agents can't answer questions about the best timing for your next dose.

Call: 1-833-838-2323 Seven days a week, 7 am to 7 pm. Translators are available.

Spectrum Covid Supplies

Please call the office or drop by to pick up:

- Rapid Antigen Test Kits – 5 tests to a box
 - KN-95 Masks – 20 to a box
 - Medical Masks - 50 to a box
-

Join CLBC's Sept. 12 COVID-19 MS Teams update for service providers and home sharing providers

Dear CLBC service providers and home sharing providers –

We hope you have had a good summer. Please join our MS Teams update on Monday, September 12, 2022 to receive COVID-19 health and safety information from Dr. Daniele Behn Smith, Deputy Provincial Health Officer, as we prepare for the fall season.

In this meeting you will also hear an update from Ross Chilton, CEO of Community Living BC (CLBC). The MS Teams meeting will be moderated by Brenda Gillette, CEO of the BC CEO Network.

CLBC will use the online virtual meeting platform MS Teams for this update. People will still have the option to use a telephone to dial in.

Please use the following MS Teams link or call-in telephone numbers to join the call:

Microsoft Teams meeting

Join on your computer or mobile app

[Click here to join the meeting](#)

Meeting ID: 223 694 243 43

Passcode: UBV87g

[Download Teams](#) | [Join on the web](#)

Or call in (audio only)

[+1 778-401-6289,,314469046#](#) Canada, Victoria

Phone Conference ID: 314 469 046#

[Find a local number](#) | [Reset PIN](#)

Toll-free (audio only): 1-888-600-3289

[Learn More](#) | [Meeting options](#)

If you have questions or would like to receive an information sheet with instructions on how to use MS Teams, please contact CLBC.Events@gov.bc.ca.

Speakers on this call will include:

- **Ross Chilton, CEO, Community Living BC**
- **Dr. Daniele Behn Smith, Deputy Provincial Health Officer**

When: Monday, September 12

Time: 10 – 11 a.m. Pacific Daylight Time

Let us know if you have any questions.

Ernie Baatz

Executive Director

Spectrum Society for Community Living

Express yourself. Build your network. Find your voice.

www.spectrumsociety.org

cell: 604-644-1474

Be Calm, Be Kind, Be Safe

Acknowledging that I work and live on the unceded and ancestral lands of the ʷməθkʷəyəm (Musqueam), Sḵwəwú7mesh (Squamish), and səilwətaʔt (Tsleil-Waututh) Nations.