

Subject: COVID-19 Updates - May 29, 2020
Date: Friday, May 29, 2020 at 4:50:48 PM Pacific Daylight Time
From: Ernie Baatz
To: Ernie Baatz
Attachments: image001.png

Hi all;

Below is an update from CLBC on the COVID-19 Stage 2 Recovery. As well, they have posted a recording of the teleconference from Thursday, May 28th for Individuals and Families. There is a link to the recording on their teleconferences page here: <https://www.communitylivingbc.ca/resources/information-about-the-novel-coronavirus-covid-19/teleconference-calls-individuals-and-families/>



Getting a Good Night's Sleep: Tips to Enhance Sleep Quality & Duration

Dr. Samra delivered a FREE public webinar (66-minutes) on Wednesday, May 27 to discuss various tips one can adopt to enhance sleep quality and duration.

[Click here to watch the webinar](#)

[And click here for a whole list of other sleep related resources!](#)

Ernie Baatz

Executive Director

Spectrum Society for Community Living

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Be Kind, Be Calm, Be Safe!

Hello,

On behalf of Community Living British Columbia (CLBC) I would like to thank you for your commitment to the health, safety and well-being of your family member during the COVID-19 emergency. We know how many families took on additional responsibilities during this time and that helped keep your family member and those that support them healthy.

I want to let you know how CLBC funded services will gradually and carefully adjust as we move to stage 2 of the COVID-19 recovery. While in most situations services cannot return immediately to the way they looked before the pandemic, CLBC is asking our service providers to make plans to carefully adjust services in ways that meet the guidelines set by the Provincial Health Officer and WorkSafeBC.

We are supporting service providers to carefully adjust services by developing tools and guidance to help them prepare for service delivery in this next stage. Our guidance document has had input from individuals, families and service providers who are part of the Re-imagining Community Inclusion steering committee as well as public health experts. It will include ongoing precautions for supporting those who are older or who have higher health risks, and guidelines for services to those who are able and willing to venture out and do what is safely allowable in stage 2. Providers will be given these documents next week.

What this means for you is that some services that were disrupted as a result of COVID-19 (like day programs, community inclusion supports, or employment supports) may be starting to gradually reopen. Initially those supports might look different from what they did previously. All of this will be done carefully with a focus on safety and well being. Planning will focus on protecting the health of self-advocates, you, and the support team. The agency that provides services to your family member will be connecting with you about next steps.

Updated information [will be posted on our website here on June 4](#). This will include a list of Frequently Asked Questions which we will continue to update as work evolves. We also will continue to provide our weekly COVID-19 family update and if you are not already receiving those updates [you can subscribe here](#).

Our success to date reflects everyone's sacrifices and decisions to help slow the spread of

COVID-19. We must all continue to be patient and take protective measures to build on the success in B.C. as we move gradually to stage two. Your health and safety, and the health and safety of your family is the top priority and critical to our continued recovery and success.

Thank you for everything you have done during this time.

Sincerely,

Ross Chilton

CEO

Community Living BC